

## **MenoHealth Health & Safety Policy**

### **MenoHealth is committed to providing a safe environment and will:**

- a. Provide guidance on safe working practices for staff and students;
- b. Incorporate health and safety knowledge into all student activities;
- c. Provide information, procedures and equipment for fire and emergencies;
- d. Provide information and procedures for accidents;
- e. Provide up-to-date information on health and safety to all concerned;
- f. Promote a responsible attitude to health and safety throughout the training programme;
- g. Provide monitoring processes for the above.

### **MenoHealth will ensure that its licenced instructors (MenoLeaders):**

- a. Observe health and safety regulations;
- b. Co-operate with others in keeping the environment safe;
- c. Take care to avoid injury to themselves or others by being appropriately dressed and not misusing or causing damage to equipment, material or the premises;
- d. Report any hazard to us, MenoHealth Limited and to any other responsible person at the venue, as soon as possible;
- e. Record and document any health and safety incident using an accident report form as soon as possible after the incident has occurred.